

Podcast: "I Don't Know if You Know This About Me"

Episode 2: How to Boost Compassion Satisfaction in a World of Compassion Fatigue and Burnout, Part 2

Test

Name: _____ Email: _____

Agency/Department: _____ Type of CEUs Needed: TCOLES SWK LPC
Training Hours

1. _____ is the pleasure you derive out of doing your work.
Professional quality of life.
 - A. Moral Injury
 - B. Organizational Support
 - C. Training
 - D. Compassion Satisfaction
2. (T/F) Attending training in secondary trauma is one way to develop positive coping strategies.
3. Which of the following are ways an Organization can support compassion satisfaction and reduce burnout?
 - A. Trauma Informed Supervision
 - B. Providing Training
 - C. Providing Time Off
 - D. All of the Above
4. (T/F) Working within a team is one of our most positive coping strategies.
5. (T/F) Therapy services are only for professionals who are completely burned out.

Evaluation: Please mark your evaluation of this training:

(1) Strongly Disagree; (2) Disagree; (3) Neutral; (4) Agree; (5) Strongly Agree

1. This episode was helpful in understanding secondary traumatic stress, compassion fatigue, and burnout	1	2	3	4	5
2. The information was presented in a way that was convenient, user friendly, and interesting	1	2	3	4	5
3. This topic was applicable to the work I do	1	2	3	4	5
4. I would recommend this training to a peer	1	2	3	4	5
5. I would be interested in future podcast trainings from the "I don't know if you know this about me" Podcast	1	2	3	4	5

Additional Comments:

Return this form to: jsteenbergen@elliscountycac.org